

Self Power Worksheet

GROW YOUR POWER

WHERE DO I FEEL I HAVE THE MOST POWER IN MY LIFE? WHY?

WHERE DO I FEEL I HAVE THE LEAST POWER IN MY LIFE? WHAT IS KEEPING ME FROM HAVING POWER?

HOW CAN I GROW MY POWER IN THIS AREA?

ACTION STEPS TO GROW MY POWER

- 1.
- 2.
- 3.