

Self Identity Worksheet

"Knowing yourself is the beginning of all wisdom." - Aristotle

What is my biggest strength?

What is my biggest achievement?

What is my biggest goal currently?

What is my biggest weakness?
How am I trying to grow in this area?

What am I interested in trying?

Who/what most inspires me? Why?

What makes me the happiest? Why?

What hurts me the most? Why?

What do I believe in?

What is my favorite relationship? Why?
